

#### IV. Spring Cup

Organized by Five Elements Wushu Association and the Hungarian Wushu Association

Goals:

- help Hungarian practitioners of martial arts develop
- provide opportunity for athletes to compete
- raise public knowledge of kung fu and wushu
- promote this sport among amateur sports
- competition between associations and sport clubs, strengthen the spirit of competition
- provide an opportunity for beginning athletes to compete in new categories
- focus on the importance of health preservation

#### **Organized by:**

**Five Elements Association and Hungarian Wushu Association**

#### **Organization committee:**

Parragh Csaba      06 70 502-1673

and

Serflek József      06 70 598 54 01

Planned starting time of the cup:

**March 26, 2011, 11.30 a.m.** (following the Hungarian National Kung-fu Inner and Outer Championship)

#### **Registration:**

10.00-11.20 a.m. Arrival, registration for Spring Cup

#### **Place of the championship:**

**Budapest, Pestszentimre , Sportkastély 1188. Kisfaludy u. 33/c**

#### **President of the competition:**

**Dr. Robert Lyons** 师傅 **Shīfu**, member of the 32nd generation of Chinese Shong Shan Shaolin church, founder of ShaoLin Kung-Fu in Hungary, multiple world champion in Kung-Fu and Thai box

#### **President in honor:**

**Kalmár Árpád**, president of the Hungarian Association of Martial Arts and the Budapest Martial Arts Association, master of karate.

#### **TaiJi:**

**Sifu Molnár Gábor**, multiple Hungarian champion, multiple world and international champion, master of Chen TaiJi

### **TaiJi:**

**Sifu Vadas Mihály**, multiple Hungarian champion, multiple world and international champion, master of Yang and Chen TaiJi

### **Traditional outer categories:**

**Serflek József, 師傅 Shifu** multiple Hungarian champion, world cup champion, multiple world champion, senior referee of WTKA for Chinese styles, president of the Hungarian Wushu Association, vice president of the Hungarian Traditional Kung-Fu and Wushu Association, president of the competition committee

### **Media invited:**

Sport1 Tv, Fittinfo Magazine, Duna TV, Hungarian Budo Magazine, national and local press and tabloids

### **VIP guests invited:**

Sifu Robert Lyons - founder of ShaoLin Kung-Fu in Hungary, Kalmár Árpád – master of Kyokushinkai, president of the Hungarian Association of Martial Arts, Sárosi Zoltán - retired lieutenant-colonel, expert rifleman, president of the Hungarian Chan Wu Association, Yu Funian – president of the Association of Natural Healing, Kulcsár Gábor – chiropractor, saber fighter

### **Age groups:**

Based on the year of birth

5-10 years

11-14 years

15-18 years

Above 18 years

### **Categories:**

#### **1. Traditional Kung Fu categories (time limit: maximum of 5 minutes)**

##### **a., Inner categories**

#### **10-14 years**

TaiJi styles

other or mixed forms

#### **14-18 years:**

Chen TaiJi

Yang TaiJi

Wu, Wudang, TaiJi

Wudang Kung-Fu

XingYi

Bagua

other or mixed forms

#### **Above 18 years:**

Chen TaiJi

Yang TaiJi  
Wu, Wudang, TaiJi  
Wudang Kung-Fu  
XingYi  
Bagua  
other or mixed forms

**b. ThaiJi weapons, above 18 years**

Jian(double-bladed straight sword)  
Dao(saber)  
Qiang(spear)  
Shen(fan)  
other or mixed forms

In case of insufficient number of participants, the categories are as follows: traditional form female-male, trad. weapon form female-male, 42 competition form female-male, group form, weapon group form

- 2. Northern styles by age group**
- 3. Southern styles by age group**
- 4. Mixed styles (northern-southern) by age group**
- 5. Animal and imitative forms (northern-southern) by age group**
- 6. Mantis forms (northern-southern) by age group**
- 7. Yong Chun / Wing-Tsun, Wing-Chung Wing-Tschun etc. by age group**
- 8. Double-fighting forms**
- 9. Double-weapon-fighting forms**
- 10. Lian Hua Chuan (only for those with less than 1 year practice)**
- 11. Individually set up form (only for those with less than 1 year practice)**
- 12. Five stands (only for those with less than 1 year practice)**
- 13. Chung hop kuen 37 (only for those with a maximum of 1 year practice)**
- 14. Chung hop kuen 67 (only for those with a maximum of 2 year practice)**
- 15. Chung hop kuen 90 (only for those with a maximum of 3 year practice)**
- 16. Shi Pá Lohan Chuan by age group**
- 17. Xiao Hong Chuan by age group**
- 18. Kung- Fu Chuan by age group**
- 19. Musical show category – any exercise**
- 20. Chung hop kuen 122**
- 21. Kung-Fu Chuan**
- 22. Self defence**

The competition will be held on three mats. Individual events will be followed by the group events.

**Categories will be merged if there are less than 5 people in each category.**

*Those affected will be notified of this 3-4 days before the competition.*

**Conditions of the competition:**

- All athletes can compete who have been invited and agree and comply with the rules.  
Athletes must be a member of some official organization or association and they need to be able to prove it.

- Athletes must have an effective sports medical examination or must take the medical tests on the site of the competition.
- Athletes must have clothing appropriate for the style and standard, clean and organized gear. Inappropriate clothing or behavior may result in excluding from the competition!

**Conditions for entry:**

Official entries should be made by style masters, trainers and school teachers via e-mail to [parraghcsaba@gmail.com](mailto:parraghcsaba@gmail.com) or Sms: 06-70-5985401 or e-mail to [info@harcosok.com](mailto:info@harcosok.com) or [info.harcosok@gmail.com](mailto:info.harcosok@gmail.com).

**Confirmation will be sent in response to each entry which needs to be shown upon registration.**

**Confirmation (preliminary entry) is mandatory! Without this, athletes cannot compete!  
In case of any comment regarding entries please contact:  
Parragh Csaba 06 70 502-1673.**

**Closing date for entries:**

**March 24, 2011. (4 p.m.)** *Entries can only be made on the scene in exceptional cases!*

**Entry fees:**

*All costs related to the organization of the competition is covered by the organizers, the rest of the costs are covered by the associations and athletes.*

**Entry fee: 1 category: 2000 HUF, two or three categories 2500 HUF, 4 or more categories 3500 HUF, double form, group form, 1000 HUF/group self defense free. Entries on the scene by categories 5000 HUF!**

**Entrance fee (for audience for a whole day):**

**1000 HUF. (under 5 years free), family ticket: 2500 HUF (2 adults, 2 children)**

**Every group above 5 people can take one trainer and one companion free of charge. Names should be reported in advance to make sure the free admittance.**

**Prizes:**

**V. place: certificate**

**IV. place: certificate**

**III. Place: medal, certificate**

**II. Place: medal, certificate**

**I. place: medal, certificate**

**Prizes: new!**

**For categories with more than 10 athletes, a gift certificate will be drawn among the athletes with a value of 15% of the entry fees of that category.**

**Special prizes:**

**Cup for the category with the most athletes**

**10% of the entry fees will be refunded to the association with the most athletes!**

Snack bar will be open on the scene.

**Gifts, sport utilities will be available!!!**

**Planned schedule:**

08.00-09.20 arrival, registration for HKF national championship

09.30 opening ceremony, national anthem, official greetings,

09.50- start of HKF categories

10.00-11.20 arrival, registration, entry, weighing for the Spring Cup

11.30- Spring Cup inner categories –simultaneously Spring Cup outer categories, children and then adult, or simultaneously with the adults based on the number of participants.

13.00 – lunch for referees and VIP guests,

14.30 – prize giving ceremony for HKF and children form categories

20.00 – closing

*If you have time please try to stay for the day and spend this day in the honor of athletes, masters, organizers, special guests and martial arts.*

**Selfdefense category**

Two participants: one offender (assistant) and one defender. The offender will draw eight ways of offending. The defender may not know about kind of offending. The defender must defend himself and then make the offender unable to attack.

**Scoring:**

Reality, speed of reaction, clean technique, accuracy, style

**Best Regards:**

**Parragh Csaba**

and

**Serflek József**

**Good results and nice entertainment for the day!**

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